

Your local resource for information and advice on all aspects of Self-Directed Support (SDS)

**Big Night In**  
**Monday June 9th**  
**The Foundry, Barrhead**  
**5pm till 8pm**



We are supporting the Talking Points **Big Night In** event to let young people with additional support needs aged 12 to 26 and their families know what is on over the summer holidays in East Renfrewshire.

There will be lots of information about social activities, drama, employment, sports, arts and much more.

It will be a fun event and we hope to see as many of you as possible. Just pop in anytime between 5pm and 8pm.

### **Support to go in the Right Direction - Can You Help Us?**

The SDS Forum are keen to establish a general reference group of service users who are interested in giving their views and helping us with our work.

We are having an initial meeting on **Tuesday May 6<sup>th</sup>** in **Eastwood Health Centre 1pm till 3pm.**

If you would like more information about the group and/or are interested in coming along please let us know.

**The Independent Living Fund Scotland** administers funding for disabled people in Scotland.

This funding is additional to what statutory authorities (like local authorities and health and social care partnerships) provide and helps ensure that disabled people can purchase additional social care support to enable them to live independently in their communities.

ILF also have a dedicated Transition Fund which supports young people aged 16 to 25.

Lee House, Engagement Officer with the Fund will be at our next online Information Session on

**Wednesday May 21<sup>st</sup>**  
**6.30pm till 8pm**

If you would like to find out more about the Fund please contact us to register for the session and we will send out the link.

### **Lets Get Together For Good Mental Health**

Mental Health Awareness Week 2025 will take place from May 12th to 18th  
The theme for this year is 'Community'.



Please come along to The Foundry, Main Street Barrhead on Monday May 12<sup>th</sup> and find out what is going on in your community. The aim of the event is to showcase and promote the many services across East Renfrewshire communities which promote and support positive health and wellbeing. Drop in anytime between 1pm and 4pm

We are always looking to grow the Forum. We welcome anyone who lives or work in East Renfrewshire and who may be interested to get in touch and find out more about what we do

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