

Helping you take control of your Self-Directed Support

The HSCP and Money Advice and Rights Team (MART) are offering free 1:1 advice sessions for anyone who has questions about the financial assessment process linked to charges for non-residential care services which is due to come into place on June 1st.

Unlike previous sessions these are not drop-in style and require you to book using the following link
<https://www.eventbrite.com/o/east-renfrewshire-health-and-social-care-partnership-108514675471>

They will take place at
Barrhead Health Centre - May 7th and June 9th PM
Eastwood Health and Care Centre - May 5th and June 2nd AM

These sessions are a chance to speak directly with the team, get clear information about how the financial assessment works, and understand what is – and isn't – taken into account when charges are calculated. Whether you're unsure how the process applies to you, or just want to check your understanding, your questions will be answered in a supportive and confidential setting



Online Information Session

If you can't make these and still have questions about how the non residential charging policy will work and which aspects of care packages are chargeable The Carers Centre and SDS Forum will also be hosting an online information session about this with the HSPC on **Tuesday May 12th 6.30pm - 7.30pm.**

Please just get in touch for the link and more information
The policy comes into effect on June 1st

Give it a Go at Barrhead Foundry!

Come along and join our friendly community sessions organised by SDS Forum and East Renfrewshire Carers Centre. We have two lined up for May in the Foundry, Main St Barrhead with more to follow in June.

- **Tuesday 19th May** **1:15pm – 2:45pm**  **singalong**
- **Wednesday 20th May** **6:30pm – 8 pm**  **singalong**



Sessions are free and open to all – Our guitarist will be playing some tunes you can join in with or tap your feet to! Refreshments will be provided. Its a great chance to meet people and have some fun. For more details or to book a space please just contact us.

Updates and Reminders

SDS Drop in Redhurst Hotel Giffnock Tuesday 5th May 10.30am till 12 pm -
No need to book just pop in for any questions or chat about SDS.

We have evening online appointments available on Tuesdays and Wednesdays. Just get in touch

Getting to Know Your Care Provider Event April 22nd @ St Andrews Church Barrhead

East Renfrewshire Carers Centre, SDS Forum East Renfrewshire and Talking Points were happy to partner together again and organise another care provider event.

18 local paid care providers attended to share information about the support and services they offer. The event was open to carers and individuals managing their own care in East Renfrewshire.

We had a steady stream of people coming throughout the day. Everyone who provided feedback said they were able to get useful information or support relevant to their individual needs.



In Control Scotland has recently received funding and is running the *Partners in Policymaking* course again after a few years absence.

It is aimed at disabled adults and parents of disabled children up to the age of 18 years and provides the opportunity for participants to gain the knowledge, skills and confidence they need to campaign and advocate for better treatment and social justice for disabled people.

The course will run over 8 residential sessions from **September 2026 - March 2027 in Stirling**. There are 30 places available. The application process will start soon. In the meantime you can register your interest by emailing info@in-controlscotland.org.uk www.in-controlscotland.org

Email: admin@sdsforumer.org Phone: 0141 638 2525

Website: www.sdsforumer.org

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