

Helping you take control of your Self-Directed Support

We should be available as normal over the summer holidays but we won't have any drop ins or information sessions running. These will likely be up and running again in September.

Due to staff annual leave we may not be able to answer calls immediately but we will still be able to take messages and respond as soon as we can. Thanks.

HSCP Eligibility Criteria three years on...

A huge thank you to the 14 people who attended our online information session on 23 June. It was a valuable, honest and thought-provoking discussion. We explored whether you have felt informed, listened to and involved in decisions about your support, including reviews or changes, over the past three years. We also discussed the impact these changes have had, what has worked well, and what additional support has been available. Two key themes emerged:

Communication: Lack of meaningful engagement, many feeling the process is pointless or a waste of time, not being involved in decision-making, information and policies changing frequently without clear explanations, having to constantly chase for updates, inconsistent support from social workers.

Support: The process is exhausting, dehumanising and all-consuming, a need for a "one-stop shop" or a single point of contact to help navigate available support, having to repeat personal stories to different people, reduced support at the same time as community services are disappearing, uncertainty about what alternatives are available and where to get help.

We will be following up with everyone who attended. We can also send you a copy of the meeting notes if you like. We will share more in our next Bulletin about this feedback and how we can work together on the next steps. If you would like to be involved in this work we would love to hear from you. Just email us or give us a call.

State of Caring Survey 2026

MAKE YOUR
VOICE HEARD!



Every year, thousands of carers take part in the annual **State of Caring** survey, helping to build the most comprehensive picture of unpaid carers' lives in Scotland.

Carer experiences matter, and by taking part you help ensure that carers' voices are heard by policymakers, health and care services, employers and the wider public.

The survey is here <https://www.surveymonkey.com/r/8GX7Z5T> and is open till August 9th



Debbie Lamont is off to pastures new after getting a job with South Lanarkshire Council. Debbie has been a brilliant asset to the team since joining in 2024 and will be a great loss to us. We know you will miss her and so will we but we wish her all the very best in her new venture!

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